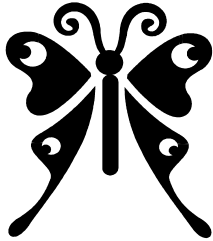


Missouri
East

Chrysalis

newsletter

Winter 2004



Give it Away

Scripture of the Month:

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

Matthew 6:34

-Matthew 6:34

Bits and Pieces

As mentioned in the previous newsletter, we are asking for testimonies, prayer requests, or announcements to be submitted as a forum for the community.

Please send any of the above to Mallory Wells at:
maw6v4@mizzou.edu

By Steve Wallace, Community Lay Director

What a tremendous year we were blessed with in 2003! The Chrysalis/Journey Community experienced a lot of changes this year that have aligned us closer to the Upper Room model. As we reported in our last newsletter, the Chrysalis/Journey Community received certified training that led us to many changes. As a result of these changes, the feedback from our Flight teams this past summer confirms that the changes were effective in bringing students closer to Christ. Some of their comments are:

- * “More unity with the conference room allowed more focus with no distractions.”
- * “The girls were more open in sharing in the chapel without the agape prayer person present; this avoided introducing a new person into the already close knit group.”
- * “Logistics Coordinator very helpful; the changes addressed some issues with the team that were experienced in the past.”

Thanks to everyone that participated in those Flights either as team members or other community support that made the changes work.

So, what does the New Year hold for us? Some of the most significant items that the Board will focus on this coming year are:

- ◆ Continue to make changes to the weekend event to better align us with the Upper Room model.
- ◆ Strengthen our “post-event” activity by building stronger community activities and reunion groups.
- ◆ Conduct two Journey Flights.

Do you remember your original Flight or Walk? I sure do. In fact, I remember thinking that this is so good that I want to **give it away** to everyone that I care about. I have been on a mission to tell all of those around me that I want them to experience an Emmaus or Chrysalis weekend. Think about it...who do you know that would grow spiritually if you **give it away** with a Chrysalis/Journey Flight?

Can you remember how your heart was warmed by someone that shared at a closing? I can still remember the joy that I felt as I listened to people that I had sponsored share about their weekend. We serve an awesome God that knows exactly what we need and then he fills our heart and soul.

It seems to me that we are living in world that does not have enough love. A world that is quick to find fault. This world can trample us down. What better way to demonstrate God’s love to others than for us to sponsor someone or to serve in our community? So, my challenge to you in 2004 is go and **give it away!**

Time for a Change

By Mazvita Matsiga, Chrysalis Board Member and Journey committee member

Campus ministries across the nation offer a home away from home for many students. They provide spiritual growth, yet they aren't always for everyone.

"The times I was able to get involved with campus ministries they felt very impersonal to me," MU student Elie Gardner said.

Gardner's frustration came at a time when personal growth is key.

"In college, you're learning the secular world's ways of leadership and this is in direct opposition to what Christ has given us as an example of servant leadership," Donna Reinhard, a Chrysalis Board member, said. "Attending or serving on a Chrysalis Journey would offer hands on experience of the love of Christ demonstrated through servant leadership. And there's no better teaching tool than hands on experience."

This is an experience some feel is necessary in this community.

"Some people are not ready their senior year to go to Chrysalis or have an event like this," SMS student Rob Stange said. "There's really just not an open window for that 19 to 24 age group and so a lot of people will go through and they might not have the experience that they could have."

Those who have experienced Chrysalis say it's needed after high school.

"Chrysalis prepared me for my future, but my future is now," SLU student Ashleigh Ditch said. "My quest for meaning, my choice of direction, reflecting God's purpose for me is now."

Now is a time when Chrysalis Journey could be more successful than before.

"When I look at the people we have right now in that 19-24 age

group, those are the people who have been the major recruiters for Chrysalis flights for the last three or four years," Tony Sander, a Chrysalis Board member, said. "We have people in that age group who have delivered two to three caterpillars for four or five consecutive flights."

Some members in the community have served on Chrysalis Journey and prepared for weekends that never happened.

"The real sad thing is there were probably 10 or 15 or 20 youth that didn't get to experience the weekend because we didn't find them," Past community lay director Sid Swank said.

Making that happen begins on campus and building an understanding with campus ministries. Many campus ministers are supportive.

"Chrysalis Journey would be a great experience for our college students," Rev. Mike Will, MU Wesley Campus Minister, said. "Any kind of retreat where they could get away and it can be 24-7 focused on spiritual growth and spirituality is a powerful experience. They can leave their cares and concerns at the door and put away their stresses and just focus on what God is doing in their lives and who God is. It really is one of the most powerful ways to know who God is and God's will for their lives."

**"Chrysalis Journey would be a great experience for our college students."
-Rev. Mike Will**

Students involved in campus ministries, like Paul Matadeen, find weekends like Journey appealing. Matadeen is an MU student and has not been on a Chrysalis or Emmaus weekend.

"I think the first time I became serious with God was at a retreat. It was in 7th grade and I'd gone to church all my life, but I didn't realize what Christianity meant and I think that only can happen at places where you're detached from the world."

Students like Gardner, who has not been on a Chrysalis weekend, see Chrysalis Journey as a practical way for students to receive the growth they need.

"It's a three-day weekend, that's something you can do," she said. "You can go for a few days and just forget everything, forget your busy schedule."

Gardner has friends in most of MU's 20 plus campus ministries and said the interest would be widespread.

"It would be the perfect opportunity to get us all together and to go and to really realize why we're all there and that's because we all love God and we want to live a Christ-filled life," Gardner said. "I think that's something that's easy to forget in college."

Gardner said Chrysalis Journey would not be seen as competition for campus ministries or even other retreats.

"I've never heard of anything like this," she said. "I've been invited to retreats with other groups, but I've never heard of anything where you can get all your friends from every denomination, where you can all go and love God and grow and support each other. What I hope is that we can support this and really make it a reality for not only people who have been involved in Chrysalis, but also for people like myself."

*Story written by Mazvita Matsiga.

Important note: This story was adapted from its original broadcast version made for the Chrysalis Journey proposal at the Sept. 13, 2003 Chrysalis Board meeting. Quotes were taken from the August 9, 2003 Journey meeting for the community and interviews with MU students and campus ministers. To request an original broadcast version, please email Chrysalis_Journey@hotmail.com.

Needed: Community Communication Representatives

In evaluating the Chrysalis experience it has been determined that we do a great job while we have the kids on the weekend, but our follow up is lacking. Chrysalis would like to set up geographic areas that would have a Community Communication Representative.

What is a Community Communication Representative? It is a contact person for a local area to help set up gatherings, or mini Hoots, and help Butterflies to locate reunion groups.

If you would be interested in helping in your area by providing "Next Steps" opportunities for Butterflies please contact Katie Wynkoop 636-441-2614 or email wynkooprk@aol.com.

Let's welcome our new Butterflies into Chrysalis and help them "Fly With Christ".

New Entertainment ~ "JesusFest"

The famous Missouri East Chrysalis GutBucket Band has officially announced its retirement to the Chrysalis Board beginning with the upcoming February flights. The board is very grateful for Gutbucket's many years of service and hope to see many of it's former members join the new entertainment group. Although the board regrets to see such a faithful servant to the Chrysalis experience part, we re embracing this as an opportunity to change and more closely align our Chrysalis experience in the Missouri East community with that of the Nashville model. All former Gut Bucket members (as well as any Community member for that matter) are encouraged to participate in the first installment of the new Day 2 entertainment experience entitled "JesusFest" beginning with Girl's flight #33 on February 15th at 4:45 p.m., for practice. All Participants are encouraged to arrive on-time as will be introducing "JesusFest" for the first time and explaining the roles you will be performing. Note: NO costumes will be utilized for "JesusFest", so we humbly ask that you retire your costumes along with the GutBucket band.

The idea behind "JesusFest" is to create a praise festival/christian concert environment complete with a band, a video-screen, an event promoter, sponsors, stage crew, audience leaders and finally the audience themselves. Members of the community expect to make up these roles, and it promises to be a high-energy, fun-filled experience for all involved. Anyone who is interested in knowing more about "JesusFest" prior to the first flight please email Dave Thomas at dav_t@yahoo.com. We are extremely interested in your feedback and ideas on how to make this the best experience possible for the caterpillars. In addition, any musicians who would like to be part of the "Butterfly" Worship Band (the headliner for "JesusFest"), please contact Dave Thomas at the email address above. We are looking for a variety of musicians including drummers, lead guitarists, rhythm guitarists, bass guitarists, keyboardists, lead vocalists and backup vocalists to name a few. The Chrysalis Board looks forward to seeing you at the inaugural "JesusFest" on Sunday, February 15th at 4:45 p.m.

Chrysalis Flight #33 Team Roster

Flight Preparation Verse:

“If anyone is in Christ, he is a new creation; the old has gone, the new has come.” -2Cor. 5:17

Conference Room Team

Board Advisor	Donna Reinhard
Lay Director	Jan Blue
Assistant Lay Director	Karen Sinn
Assistant Lay Director	Jackie Crenshaw
Youth Assistant Lay Director	Judith Montpetit
Spiritual Director	Rick Ramsey
ASD-God Designs You	GWP
ASD-God Sustains You	GWP
ASD-God Loves You	George Whitney
ASD-God Empowers You	Nancy Gillard
Musician (A)	Donna Hickman
Musician (Y)	Camille Sowers
Ideals (Y)	Julie Heck
Faith (A)	Stephanie Blankenship
Prodigal (Y)	Ally Fry
Communication (A)	Mitzi Brammer
Study (Y)	Chelsea Brown
Marriage (A)	Greg & Rose Marie Batson
Action (Y)	Caroline Sivewright
Single Life (A)	Vicki Sherony
Table Leader (Y)	Casey Pogue
Table Leader (Y)	Ana Hartz
Table Leader (A)	Janet McFarland
Table Leader (A)	Katie Wynkoop

Background Team

Logistics Coordinator	Mary Ann Sander
Agape Coordinator (A)	Meagan Sinn
Agape Coordinator (Y)	Jessie Karlsh
Prayer Chapel Leader (A)	Dona Luna
Prayer Chapel Leader (Y)	Meagan Batson
Prayer Chapel (Y)	Lisa Payne
Prayer Chapel (Y)	Tracy Fields
Prayer Chapel (Y)	Bailey Taylor
Prayer Chapel (A)	Jan Asher
Prayer Chapel (A)	Joan Crenshaw

Flight #33 Information:

Date: February 14-16, 2004

Lay Director– Jan Blue

Flight #33 to be held at Revive Us Again Retreat Center, Fenton, MO.

Directions from Interstate 270:

Take (Gravois Road) Hwy 30 West (approx 23 miles) to Revive Us Again at 8350 Hwy 30 Dittmer, MO 63023. From 270, Hwy 141 is (approx 3 miles). Hwy W crosses Hwy 30 (approx 10 miles before) Revive Us Again. Hwy 30 goes from a 4 lane divided road to 2 lane (approx 4 miles) before Revive Us Again (on the left or south side of the road). St. Clair, MO is (approx 17 miles) West of Revive Us Again on Hwy 30 at Interstate 44.

Directions from Interstate 40:

Take Hwy 141 South through Valley Park, MO to the intersection of Hwy 141 & Hwy 30 (Fenton, MO). Take Hwy 30 West (approx 20 miles) to Revive Us Again.

Directions from Eureka, MO:

(Interstate 44 & Hwy 109). Take Hwy 109 South past I-44 where it becomes Hwy W. Follow Hwy W (approx 6 miles) to Hwy 30. Take Hwy 30 West (approx 10 miles) to Revive Us Again.

“JesusFest” (see page 3):

4:45 Practice Revive Us Again

5:15 Performance

Fellowship:

6:30 St. Martins United Church of Christ

Apostolic Hour:

7:45 St. Martins United Church of Christ

Candlelight & Closing:

7890 Dittmer Ridge Road Dittmer, MO

Directions from Revive Us Again:

Take S. Hwy 30 to Dittmer Ridge Road, Turn right and church is on the left.

Chrysalis Flight #34 Team Roster

Flight Preparation Verse:

"Now there are varieties of gifts, but the same Spirit; and there are varieties of services but the same Lord; and there are varieties of activities but it is the same God who activates all of them in everyone. To each is given manifestation of the Spirit for the common good..." 1 Corinthians 12:1-12

Conference Room Team

Board Advisor	Al Kremer
Lay Director	Randy L. Biggerstaff
Assistant Lay Director	Myron Sheets
Assistant Lay Director	Robert Kiefer
Youth Assistant Lay Director	Caleb Krueger
Spiritual Director	John Hoos
ASD-God Designs You	GWP
ASD-God Sustains You	GWP
ASD-God Loves You	GWP
ASD-God Empowers You	GWP
Musician (Y)	Tim Bounds
Musician (A)	GWP
Ideals (Y)	Josh Montpetit
Faith (A)	Roger Wynkoop
Prodigal (Y)	Joel Burton
Communication (A)	Tracy Montpetit
Christian Growth (Y)	GWP
Marriage (A)	Greg & Holley Smothers
Action (Y)	Dane Gudde
Single Life (A)	Frank McLachlan
Table Leader (Y)	GWP
Table Leader (Y)	GWP
Table Leader (A)	John Stobbs
Table Leader (A)	Chris May

Background Team

Logistics Coordinator	Greg Batson
Agape Coordinator (A)	Paul Zeibol
Agape Coordinator (Y)	Kirk Duncan
Prayer Chapel Leader (A)	Floyd Gudde
Prayer Chapel Leader (Y)	GWP
Prayer Chapel (Y)	GWP
Prayer Chapel (Y)	GWP
Prayer Chapel (Y)	Chris Beppler
Prayer Chapel (A)	Yon Wibskov
Prayer Chapel (A)	Mike Baalman

Flight #34 Information:

Date: February 27-29, 2004

Lay Director– Randy Biggerstaff

Flight #34 to be held at Revive Us Again Retreat Center, Fenton, MO.
(directions found on previous page).

SPIRITUAL GROWTH IN THE NEW YEAR

By David Webster, Community Spiritual Director

"I press on toward the goal for the prize of the heavenly call of God in Christ Jesus." -Philippians 3:14 (NRSV)

As we begin a new year, we should seek to continually grow spiritually. Chrysalis and Emmaus are designed for this very goal. Our weekend spiritual experiences lay a foundation of continuous growth in our next steps. Paul says, "I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him... (Phil 3:10)." I find spiritual growth exciting, amazing, and miraculous. I am excited about our upcoming flights. We can all participate in the spiritual growth of these weekends by our prayer, our recruiting, and our helping work.

Fly With Christ!

Missouri East Chrysalis Board

September 2003-August 2004

Community Lay Director	Steve Wallace	636-939-4724	kswallac@swbell.net
Assistant Community Lay Director	Mike Sinn	573-445-3066	msinn@tranquility.net
Treasurer	Joan Crenshaw	636-940-7979	joancrenshaw@newfb.com
Community Spiritual Director	Rev. David Webster	573-756-5209	dwebster49@hotmail.com
72 Hour Prayer Vigil	Abby McClelland	573-446-4867	AMCCLELL@CMC.EDU
Secretary	Mallory Wells	573-771-2658	maw6v4@mizzou.edu
Book Table	Bill Fields	314-994-9169	bilfields@aol.com
Manuals	Kathy Ellsworth	573-443-0032	kepray@aol.com
World Wide Agape	Al Kremer	636-926-0391	Bigalkremer@charter.net
Facilities/Kitchen	Joe Lynett	636-573-5295 X115	joe@scstlouis.com
	Vicki Sherony	636-947-2467	vsheron@mail.stcharles.k12.mo.u
Services	Donna Reinhard	314-839-3705	drhreinhard@yahoo.com
	Rev. Ed Powlishta	636-398-4678	epowlishta@hotmail.com
Com. Music Dir., Entertainment, Tech	Dave Thomas	314-727-6212	dav_t@yahoo.com
Clown Ministry	Holley Smothers	573-893-7313	porsche102@mchsi.com
	Abby McClelland	573-446-4867	AMCCLELL@CMC.EDU
Registrar	Tony Sander	573-682-5607	tmasander@juno.com
Supplies	Myron Sheets	636-946-3745	msheets@peabodyenergy.com
	Chris Buck	636-724-5146	bukwild26@sbcglobal.net
Team Advisement, Nominations	Mike Sinn	573-445-3066	msinn@tranquility.net
	Mazvita Matsiga	573-424-5163	mmmeec@mizzou.edu
	Meagan Batson	573-686-0966	pbsoccerbabe97@hotmail.com
Publicity, Pub. Hoot, Community	Katie Wynkoop	636-441-2614	wynkooprk@aol.com
	Bill Fields	314-994-9169	bilfields@aol.com
	Mallory Wells	573-771-2658	maw6v4@mizzou.edu
	Rev. Kevin Cawley	636-937-6205	festusumc2@wmconnect.com

Serving for the Lord

The following is an application to serve on Chrysalis flights or Chrysalis Journeys. Remember you do not have to serve as a team member to stay involved. There are many other opportunities including: making agape (personal letters, community agape, etc.), participating in the events of the weekends, praying, attending reunion groups in your area, and sponsoring others.

1. I would like to help with Chrysalis() Chrysalis/Journey() in one of the following ways:
 Prepare/serve meals Sponsor's Hour Facility setup/cleanup Music 72 Hour Prayer Vigil
 Donate food/snacks Prepare/serve meals Organize your local community events Clown Ministry
2. I wish to serve on a team in the Spring Fall as:
 Logistics Musician (instrument): _____ Vocal
 Table Leader Prayer Chapel Agape Coordinator Speaker
3. I have previously serves on:
 Chrysalis Chrysalis/Journey Emmaus TEC Crusillo

As a: _____

4. My flight/walk was: # _____ in(year): _____

5. My year of High School graduation: _____

Name: _____ Birth date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell Phone: _____

Email: _____

Send Servant form to:

Mike Sinn
 4404 Sussex Drive
 Columbia, MO 65203
 Email:
 msinn@tranquility.net

How Can I HELP?

PRAYER: One of the most important ways to help a Chrysalis weekend is through prayer. Pray for the Caterpillars and for the Team. To sign up to be a part of the 72 Hour Prayer Vigil contact Abby McClellon 573-446-4867 or 573-489-3586, email AMCCLELL@CMC.EDU.

AGAPE: Check the Chrysalis website and get the names of the Caterpillars who will be participating in the weekend and write them a note of encouragement. Don't forget to write the Team as well!

CLOWNS: The Clown Ministry is one area of service that young men and women can be involved in during the weekend. Contact Holley Smothers 573-8 93-7313 or email her at porsche102@mchsi.com to volunteer.

BOOK TABLE: Those with suggestions can contact Bill Fields 314-994-9169 or email bilfields@aol.com.

FELLOWSHIP TIME: Attend Fellowship after "JesusFest" and renew friendships. Bring some food to share and enjoy time together. Questions call Katie Wynkoop 636-441-2614

Emmaus Walks 2004

Women's Walk # 95 April 15-18
Pinecrest Camp, Fredericktown, MO
Men's Walk #96 June 24-27
Todd Hall, Columbia, IL
Women's Walk #97 July 15-18
Todd Hall, Columbia, IL
Women's Walk #98 September 16-19
Todd Hall, Columbia, IL
Men's Walk #99 October 14-17
First UMC, Poplar Bluff, MO
Women's Walk #100 November 11-14
First UMC, Poplar Bluff, MO

Chrysalis Flights 2004

Flight #33, February 14-16, Revive Us Again
Flight #34, February 27-29, Revive Us Again
Flight #35, July 9-11, Revive Us Again
Flight #36, July 30-August 1, Revive Us Again

Chrysalis Journeys 2004

Women's Journey #5, November 5-7
First UMC, Jefferson City, MO
Men's Journey #6, November 19-21
First UMC, Jefferson City, MO



Chrysalis Email Group

Please consider joining the moeastchrysalis email group. We made a similar plea in the previous newsletter, but unfortunately to this point response has been slim. An **email group** is a collaboration tool that allows users of a common interest to subscribe to messages that are sent to a single email address. By subscribing to this email group you will receive up to date information keeping you abreast of Chrysalis flights and activities. This email group benefits Chrysalis twofold in that it greatly enhances communication within the organization while also reducing the substantial postage/printing costs incurred in mass mailings. You are encouraged to subscribe to the email group today in one of the following ways:

- ◆ Send an email to www.moeastchrysalis-subscribe@yahoogroups.com
- ◆ Visit <http://groups.yahoo.com/group/moeastchrysalis> and follow the online instructions
- ◆ Visit the Mo East Chrysalis website www.moechrysalis.org navigate to the Contact Us page, and look for the join Yahoo! Groups icon.